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Festive Ukrainian Cooking



Synopsis

More than a cookbook, Festive Ukrainian Cooking is also a definitive account of traditional Ukrainian culture as perpetuated in family rituals and lovingly celebrated with elegantly prepared food and drink.

Book Information

Hardcover: 240 pages

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Customer Reviews

The festivities of the title follow the usual Christian calendar--Easter, Christmas, Pentecost and various saints' days. But Christianity in the 19th-century Ukraine, the focus of Ukrainian-born Farley's well-researched book, coexisted with a rural paganism in which ancestors were appeased and fed at Christmas, river spirits blessed and, in a typical grace, God appeared simply as *prima inter pares* : "Gracious Lord, sun of truth, stars of beauty, moon of light, wind ferocious, rain bountiful, weather beautiful, ancestors' fathers, we feast with you and greet you in summer." The cuisine, likewise, derives from an agrarian prototype shared by other Eastern Europeans and by the Ashkenazim as well. The foods, like the traditions, are hearty: cabbage rolls meatless or meat-filled; two kinds of borscht , varying with the season; meat stuffed in casings or covered with aspic; numerous sweet or savory breads, rolls, dumplings, fritters and pancakes, some topped with cabbage or cheese for ordinary meals, others containing a hefty half-pound of butter, a cup of cream and 30 large egg yolks to create a lavish Easter spread. Copyright 1990 Reed Business Information, Inc.

“Handsomely designed, this is a wonderful book for exploring the holidays of another culture

or for wiling away an afternoon in the kitchen mastering the intricacies of korovai or kolach. – Wilson Library Bulletin

This well written book is very nicely done. A must have for Ukrainians or any cook who enjoys ethnic cuisine. It has all of the traditional recipes adapted for the modern kitchen. Easy to use and well illustrated. It also beautifully describes the many, rich Ukrainian festivals and traditions throughout the year.

I bought this cookbook to try to recreate some recipes that my grandmother used (and I never learned from her). The book is great in this respect the author spent a considerable amount of time to glean the best recipes that will make you feel like you are at home for a traditional Ukrainian feast.

This book is GREAT! It not only gives you the recipes but it also explains all the old time traditions and the current traditions that come from them. The author has translated recipes into English and modern cooking terms (like using a food processor). Many good cooks can "tweak" the recipes to duplicate how mama or baba specifically made them but this book is a GREAT way to preserve those recipes that they never wrote down! Many thanks to the author.

Lots of great authentic recipes. The recipes are easy to follow and contain ingredients that are easy to find. There is a great glossary in the back and the book is laid out well. There aren't a lot of Ukrainian cookbooks out there to choose from.

great ukrainian recipes

Lots of different recipes.

Very informative book. Enjoy learning more about the cultural background. Hope to enjoy the food as well.

Festive Ukrainian Cooking has easy to follow recipes. While all of our grandmothers had their own variations, this is a good starting point to get back to our beginnings.

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